We demonstrate an ultrahigh-temperature thermal shock method for nanoparticle synthesis using microwave irradiation. With proper defect engineering, microwave absorption of 70% was achieved, leading to the instant temperature increase to 1,600 K in 100 ms, followed by rapid quenching to room temperature. During such extreme temperature change, the precursors are decomposed and reconstructed into nanoparticles with small size and uniform distribution. This facile, rapid, and universal synthesis technique has potential in large-scale production and suggests a new direction for nanosynthesis.

**HIGHLIGHTS**

- A facile, rapid, and universal method for synthesis of nanoparticles
- Ultrahigh temperature of 1,600 K can be achieved in less than 100 ms
- The number of defects is a key parameter for achieving high temperature
- A unique self-quenching mechanism for nanosynthesis is proposed
Uniform, Scalable, High-Temperature Microwave Shock for Nanoparticle Synthesis through Defect Engineering

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SUMMARY
Here we demonstrate a thermal shock synthesis method triggered by microwave irradiation for the rapid synthesis of nanoparticles on reduced graphene oxide (RGO) substrate. With properly controlled reduction, RGO has high electrical conductivity while maintaining functional groups, leading to an extremely efficient microwave absorption of ~70%. The high utilization of microwaves results in the ability to raise the temperature to 1,600 K in just 100 ms, which is followed by rapid quenching to room temperature. The defects on the RGO are crucial for achieving this record-high microwave-induced temperature as these defects play a fundamental role in absorbing the radiation as well as the self-quenching mechanism. By loading precursors onto RGO, we can utilize rapid temperature change to synthesize nanoparticles. The nanoparticles are ~10 nm with uniform distribution. This facile, rapid, and universal synthesis technique has the potential to be employed in large-scale production of nanomaterials and suggests a new direction for nanosynthesis.

INTRODUCTION
Nanoparticles are among the most widely studied nanomaterials and have been employed in various applications including catalysis, photovoltaics, energy storage, lubricants, food processing, and drug delivery, since they can drastically lower the total mass of material required while achieving the same active surface area. Wet chemistry is the most widely used method for nanoparticle synthesis due to its simplicity, inexpensive processing, and scalable nature. However, nanoparticles made by wet chemistry tend to agglomerate easily, leading to a gradual loss of activity. Recently, we developed a transient high-temperature pulse method for the synthesis of nanoparticles on carbon substrates and demonstrated that these materials feature superior catalytic activity and stability. The key feature was the rapid heating/quenching leading to small, narrow-size distribution, unagglomerated nanoparticles. Nevertheless, with the limitation of the Joule heating procedure, it is more difficult to implement for scale-up. Thus, the focus in this work is to develop a heating method that can expand the use of the transient high-temperature pulse technique for the production of nanoparticles on a larger scale.

Microwave irradiation has been adopted as a cost-effective heating method for several decades and has been widely employed in different applications. Numerous studies have employed microwave irradiation in nanoparticle synthesis,
but the majority of these syntheses have been conducted in liquids, which share
many of the same pitfalls as conventional wet chemistry.\textsuperscript{34–41} Carbon substrates
and polymers have been used as microwave absorber to enable microwave synthe-

ses of nanomaterials under solid-state conditions.\textsuperscript{42–50} These techniques often
require relatively long heating times (>1 min) and the peak temperatures tend to
be relatively low (<1,000 °C). As a result, precursor materials do not undergo ultrafast
melting or reconstruction, causing the resulting particles to suffer from the afore-
mentioned disadvantages often associated with wet chemical processes.

In this work, we develop a rapid thermal shock method for nanoparticle synthesis us-
ing microwave irradiation. Reduced graphene oxide (RGO) has been demonstrated
as an excellent carbon support for nanoparticles and an efficient microwave
absorber.\textsuperscript{51–53} Using RGO produced under controlled reduction conditions, we
demonstrate that its temperature can be raised to over 1,600 K in just 100 ms by
the absorption of microwave radiation—a temperature that is over 2-fold higher
than in previously reported microwave synthesis methods.\textsuperscript{40–43} Moreover, at these
high temperatures the kinetics become sufficiently fast such that reaction times
are less than 1 s. This is dramatically shorter than any reported in previous studies
using microwave synthesis.\textsuperscript{41–44} By loading precursor materials onto the RGO, the
rapid temperature increase upon microwaving causes the precursors to undergo
decomposition, and the subsequent rapid cooling leads to particle nucleation.
Due to this ultrafast phase transition, the resulting nanoparticles are both small in
size (∼10 nm) and feature a uniform size distribution. The rapid quench also freezes
any mobility, preventing agglomeration. We also show that the defect concentration
in the RGO substrate is a key factor in successfully triggering this thermal shock ef-
fect, as the defects aid in the microwave absorption as well as participate in the rapid
self-quenching mechanism. Additionally, with the simplicity of microwave heating
process, the synthesis can be easily scaled up while maintaining the uniformity of
the nanoparticle size. This scalable, high-temperature pulse generated by micro-
wave irradiation provides a new route for the synthesis of uniform nanoparticles
and can shed light on further innovation in nanosynthesis.

RESULTS AND DISCUSSION

Figure 1 illustrates the concept of this scalable thermal shock synthesis using micro-
wave irradiation. Since the microwave is uniformly distributed in a large space, the
synthesis can be easily scaled up to produce large batches of powder RGO samples
decorated with nanoparticles. Initially, we loaded the RGO with salt precursors that
are microscale in size (schematics in Figure 1A). After less than 1 s of microwave irra-
diation, during which the temperature was as high as 1,600 K, the micron-sized pre-
cursors decompose, and upon quenching nucleate to form nanoparticles decorating
the RGO film. Although there was no apparent macroscopic change before and after
microwave heating (photos in Figure 1A), the nanoscale morphology is drastically
different. We have found that the rapid temperature change can only be achieved
by carefully controlling the defect density on the RGO substrate (Figure 1B). Suf-
ficient defects are needed first to promote high microwave absorption efficiency;
however, too high a defect density leads to poor thermal conductivity and inhom-
ogeneous sample temperature. Compared with previous studies, the microwave irra-
diation synthesis method reported in this work has the highest temperature and the
shortest heating time (Figure 1C), making it a unique thermal shock process.

To demonstrate the feasibility of the thermal shock synthesis using microwave irra-
diation, we chose to synthesize cobalt sulfide (CoS) nanoparticles as a proof of
concept. Figure 2A shows the photographs of the RGO sample during the process of microwave irradiation, captured using a high-speed video camera. The images are computer processed to capture the raw color of each pixel and enabling a spatial- and time-resolved ratio pyrometer to obtain the temperature (Figure S1). Figure 2B shows a plot of the sample light emission intensity versus time over the synthesis. By fitting the light emission to Planck’s law for gray-body radiation, we were able to calculate the average temperature over all pixels (Figure 2C). Visible emission is observed approximately ~100 ms after the microwave is turned on and once several bright spots can be seen. These hotspots are localized so that the total emission is relatively low (Figure 2B); nevertheless, the average temperature at ~100 ms was as high as 2,000 K (Figure 2C). As the heating progressed, the initial locally generated heat spreads to the whole sample, leading to the rapid increase in light intensity, making the sample very bright. Although the light emission becomes stronger, since the whole sample is hot the temperature drops and stabilizes at ~1,600 K. After ~250 ms of microwave heating, the sample emits light with peak brightness. Thereafter, the light intensity starts dropping and the sample becomes visibly dimmer, until it eventually extinguishes after 600 ms and we cannot measure
The temperature past this point. The total effective heating time of \( \sim 600 \) ms is orders of magnitude shorter than that of previous reports, making this a unique thermal shock process. Although the intensity of the light emission changes constantly during the microwave synthesis (Figure 2B), the temperature is almost constant during the whole heating process, maintaining a high temperature of \( \sim 1,600 \) K (Figure 2C). The temperature reported in Figure 2C is the median temperature spatially averaged over the entire sample. As such the temperature is biased toward the hotspots that emit the most light. This is the reason why the emission entity can increase while the temperature appears to be constant. Based on these results, we divide the microwave synthesis into three periods: (1) initial heating; (2) high-temperature thermal shock; and (3) rapid cooling.

We employed scanning and transmission electron microscopy (SEM and TEM) to study the morphology of the nanoparticle products (Figure 3). Lower-magnification SEM (Figure 3A) and TEM (Figure S2) capture the panorama of the synthesized product, which shows that the CoS nanoparticles feature a uniform size distribution (10.8 ± 2.3 nm, Figure 3B) that densely covers the surface of the RGO. High-magnification TEM images indicate that the nanoparticles are 8–10 nm in diameter with lattice spacing of 0.19 nm, which corresponds to the (102) plane of CoS (Figure 3C). X-ray diffraction was employed to study the crystal structure of the product, which

Figure 2. Analysis of the Thermal Shock Process
(A) Photos of RGO sample during thermal shock process: before microwave, and 100, 200, 250, 400, and 500 ms after turning on the microwave irradiation.
(B) The intensity of light emission during the thermal shock. The dashed boxes indicate the position of the sample in the photo.
(C) Profile of average temperature captured during the microwave (MW) thermal shock made by fitting the gray-body theory to the intensity of light emission of captured pixels.
shows the characteristic peaks of CoS (Figure S3). Energy dispersive X-ray spectroscopy mapping shows the matching between the distribution of Co (Figure 3D) and S (Figure 3E), indicating that the expected product composition was achieved.

Due to their small size and uniform distribution, the CoS nanoparticles show excellent catalytic performance toward the hydrogen evolution reaction (HER) (Figure S4). In acidic solution, the CoS nanoparticles show a low onset overpotential of 120 mV (Figure S4A) and a Tafel slope of 102 mV/dec (Figure S4B), indicating the remarkable catalytic activity of the material. Additionally, the overpotential only showed a shift of 20 mV after 1,000 HER cycles (Figure S4C), demonstrating the excellent stability of the nanoparticles for long-term operation. At an overpotential of 180 mV, the current density remains almost unchanged for over 10 h, which indicates the catalyst’s ability to survive high-stress production (Figure S4D). This superb activity and remarkable stability prove that our thermal shock synthesis using microwave irradiation is an excellent choice for the fabrication of nanocatalysts.

Since this method using microwave irradiation should be easily applied for large-scale production, the uniformity of the synthesized nanoparticles in large batches is a crucial criterion for judging the technique’s feasibility. To study the uniformity of the synthesis, we synthesized 100 mg of CoS/RGO samples in a single thermal shock process (Figure S5). From this batch, we imaged the material at five different positions using SEM to compare the nanomaterial morphology and distribution. Even at these different locales, the morphologies remained almost identical, with all five samples showing ~10-nm-sized CoS nanoparticles densely decorating the surface of the RGO. These results show that thermal shock microwave heating is an exceptional choice for the scaled-up synthesis of small and uniform nanoparticles.
To understand the mechanism of the thermal shock induced by microwave irradiation, we tested different RGO substrates made at different reducing temperatures. Our results showed that only RGO reduced at 300°C (RGO-300) demonstrated the thermal shock phenomenon, while pristine GO (GO) and RGO reduced at 600°C (RGO-600) did not trigger such behavior. We hypothesize that this is due to the difference in the amount of defects and functional groups between RGO with various degrees of reduction. RGO is rich in various oxygen defects and functional groups (Figure 4 A). The dipoles of these functional groups can rotate in the presence of an electromagnetic field, thus leading to frictional heating, which we believe is the main contributor to the microwave absorption. The oxygen-rich functional groups rapidly absorb the microwaves to generate heat and drastically increase the sample temperature. Another mechanism of microwave absorption involves the generation of eddy currents, which is induced when a conductive material is treated with an oscillating electromagnetic field. Due to the conducting nature of RGO, an eddy current loop can be formed when placed in a microwave field, leading to Joule heating and triggering the thermal shock. Additionally, in order to trigger this thermal shock effect, high thermal conductivity is also required to transport the absorbed heat to the whole sample. Therefore, the RGO substrate needs to meet three requirements to maximize the ability to trigger the thermal shock synthesis. (1) The substrate should have an adequate number of functional groups after reduction to provide sufficient rotating dipoles in the microwave field. (2) The substrate should have sufficient electronic conductivity to generate eddy currents in the presence of microwaves. However, the conductivity should not be so high that the substrate is almost metallic, leading to the majority of the microwaves being reflected instead of absorbed. (3) High thermal conductivity is also a prerequisite for the thermal shock absorption process.

Figure 4. Mechanism of the Thermal Shock Induced by Microwave Irradiation
(A) RGO film with numerous functional groups before microwave irradiation. A magnified view depicts the rotating dipole of the RGO functional groups during microwave irradiation.
(B) FTIR of GO, RGO-300, and RGO-600, showing the low content of functional groups of RGO-600.
(C) Comparison of microwave absorption between GO, RGO-300, and RGO-600. Only RGO-300 demonstrates a high microwave absorption of ~70%.
(D) FTIR of RGO-300 before and after microwave treatment, indicating the consumption of functional groups during the microwave synthesis. The inset schematics show the difference in the defect content of the RGO-300 before and after the microwave synthesis.
effect, since the absorbed heat needs to quickly spread through the whole sample. Therefore, the degree of the RGO reduction is a crucial factor for this method of nanoparticle synthesis.

To better understand the effect of defects and functional groups, we employed Fourier transform infrared spectroscopy (FTIR) (Figure 4B) to study different substrates. The results revealed that RGO-600 has a lower content of –OH, –C=O, and –CO–O–CO groups compared with GO and RGO-300. The low functional group content combined with the almost metallic properties of RGO-600, leads to a low microwave absorption of only 20% (Figure 4C), which explains the absence of the thermal shock phenomenon with the RGO-600 substrate. On the other hand, because RGO-300 has moderate electronic conductivity to generate eddy currents and sufficient functional groups to produce rotating dipoles, it has a high microwave absorption of over 60%, leading to its strong ability to trigger the thermal shock. It is worth noting that GO does not trigger the thermal shock either, despite its high content of functional groups, likely because its low electronic conductivity leads to the inability to form eddy current loops and thus absorb less microwave radiation. Additionally, due to the low thermal conductivity of GO, even though microwaves can be absorbed and areas of the sample can become heated, the heat is isolated and cannot easily spread to the whole sample, leading to the failure of the overall thermal shock effect. The combination of high functional group content, microwave absorption, and thermal conductivity results in RGO-300 being the best substrate for this application.

After the microwave synthesis in argon, the FTIR spectrum reveals drastically lower content of –OH, –C=O, and –CO–O–CO groups (Figure 4D), indicating the consumption of the functional groups and a more graphitic structure. As a result, the substrate’s ability to absorb microwave radiation is significantly attenuated, creating a self-quenching process that results in a rapid decrease in temperature (Figure 4D). This whole synthesis process occurs in just 600 ms. In summary, the electronic conductivity and functional groups enable the absorption of microwave irradiation and the initial isolated heating effect, which is followed by the conduction of heat to the whole sample. This process ultimately consumes the substrate functional groups, causing the temperature to immediately drop due to the loss of microwave absorption.

The feasibility of the thermal shock synthesis using microwave irradiation is not limited to just the synthesis of CoS nanoparticles. We demonstrated the universality of this method by synthesizing other materials, including ruthenium (Ru), palladium (Pd), and iridium (Ir) nanoparticles (Figures 5 and S7). As a result of the high scalability of the microwave synthesis, we were able to produce over 100 mg of product in a single batch synthesis (Figures 5A–5C). After synthesis, the nanoparticles formed on the RGO film featured a uniform size of ~20 nm (Figures 5D–5F). Single nanoparticle microanalysis shows lattice spacings of 0.2 nm (Ru), 0.22 nm (Pd), and 0.22 nm (Ir), corresponding to the (111) plane of zero-valent metals. This successful synthesis of metal nanoparticles demonstrates the universality of the thermal shock synthesis technique by microwave irradiation. The rapid and facile approach can be further employed in the synthesis of other various nanomaterials.

Conclusion

In conclusion, we have developed a facile and scalable thermal shock method for nanoparticle synthesis using microwave irradiation. Using RGO reduced at 300°C as the microwave absorber, this substrate’s ample functional groups lead to high microwave absorption and consequently a rapid local temperature increase to
over 2,000 K in just 100 ms. The heat then spreads over the entire sample due to the good thermal conductivity of RGO, which results in a stabilized heating temperature of 1,600 K. After the consumption of the functional groups, the temperature rapidly drops in less than 300 ms, resulting in a unique self-quenching mechanism. Such rapid and extreme temperature change leads to ultrafast melting and decomposition of loaded precursor materials and their subsequent condensation into nanoparticles, which are both uniformly small (~10 nm) and unagglomerated. Using CoS as a proof of concept, the synthesized nanoparticles densely decorate the surface of the RGO, which leads to excellent catalytic activity for HER performance. Additionally, due to the simplicity of the microwave irradiation treatment, the synthesis can be scaled up to large batch synthesis, the uniformity of which we have proved through the identical morphology of the products at different locations of the batch material. This thermal shock nanoparticle synthesis using microwave irradiation can also be applied to other materials. The rapid, facile, and scalable thermal shock method made possible by microwave heating and an electrically and thermally conductive substrate is advantageous over conventional wet chemistry techniques and has the potential to be employed for large-scale nanoparticle production.

**EXPERIMENTAL PROCEDURES**

**Synthesis of Nanoparticles**

All chemicals were purchased from Sigma-Aldrich. For synthesis of the CoS nanoparticles, 10 mg of cobalt acetate tetrahydrate and 15 mg of thiourea were dissolved in 10 mL of deionized water. The resulting solution was then mixed with 2 mL of 4 mg/mL GO solution, which was synthesized by a modified Hummer’s method. The solution was then sealed and sonicated for 1 h before casting onto a glass slide. After the water evaporated, the resulting film was scraped off the glass slide into a relatively fine powder. After a 1-h pre-reduction at 300°C in argon atmosphere, the powder was sealed in an argon-filled glovebox and directly transferred into a
microwave oven (Panasonic, 1,200 W) for irradiation treatment. A similar synthesis was employed for the fabrication of the Ru, Pd, and Ir nanoparticles, with ruthenium chloride, palladium chloride, and iridium chloride as the respective precursors. The precursor-GO mixture was achieved by mixing 10 mL of precursor solution (1 mg/mL) and 2 mL of GO solution (4 mg/mL).

Materials Characterization
SEM and TEM images were captured with a Hitachi SU-70 FEG scanning electron microscope and a JEM 2100 FEG transmission electron microscope, respectively. The FTIR spectra were measured using a Thermo Nicolet NEXUS 670 FTIR spectrometer.

Details of temperature measurements, electrochemical measurements, and microwave absorption measurements can be found in Supplemental Information.

SUPPLEMENTAL INFORMATION
Supplemental Information can be found online at https://doi.org/10.1016/j.matt.2019.05.022.

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AUTHOR CONTRIBUTIONS
L.H. and S.X. designed the project. G.Z. and S.X. synthesized the materials. C.C., G.Z., and S.X. analyzed the data. G.Z., S.H., H.X., and J.D. contributed to the materials characterization. S.X. tested the electrochemical performance. M.R.Z., R.J.J., and D.J.K. did the temperature measurements. M.Z. and S.M.A. performed microwave absorption measurements. Z.H. and R.S.-Y. contributed to the high-resolution TEM analyses. L.H., G.Z., S.X., C.C., and A.H.B. wrote the paper. All authors contributed to commenting on the final manuscript.

DECLARATION OF INTERESTS
An invention disclosure (PS-2019-037) has been filed with office of technology commercialization at University of Maryland, with L.H., S.X., and G.Z. as inventors, covering the high-temperature microwave processing method described herein. The authors declare no competing interests.

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